



## “Trauma-Informed Teaching” Video Series: Related Resources

### Episode 8: The Self-Healing School

#### Reflection Questions

1. What are at least three schoolwide practices (e.g., welcoming routines, class circles, regulation activities, optimistic closures, restorative practices, etc.) that your school could implement to foster student belonging and well-being?
2. Does your school have a multi-tiered system of behavioral and social-emotional supports for students? If so, what supports and interventions fall within each tier? If not, what steps could your school take to build that multi-tiered system?

#### Additional Resources

**[Fall Hamilton Elementary](#)**: This video shows a great example of a trauma-responsive elementary school. The school’s former principal, Mathew Portell, also hosts the **[Trauma-Informed Educators Network Podcast](#)** which is another great resource to deepen your learning.

**[Pearl Cohn Magnet High School](#)**: This video shows a great example of a high school staff working together to address the social-emotional and behavioral needs of their students.

**[Trauma-Sensitive Schools Resources](#)**: A variety of resources including some that offer an introduction to building a trauma-informed multi-tiered system of supports in schools.